Date	Time	Show#	Topic/Guest			
7/5/15	22:00	#1526	City Of Davis: The City of Davis Recycling Program is responsible for recycling outreach to 64,000 residents. The City has an exclusive franchise waste agreement with a local private hauler, Davis Waste Removal (DWR). DWR collects trash, recyclables, yard materials, and performs street sweeping within the city limits. This show concentrated on the importance of recycled motor oil. Guest: Jennifer Gilbert, Conservation Coordinator from the City of Davis Guest: Jennifer Gilbert			
7/12/15	22:00	#1527	Coins And Causes: Coins and Causes is an event that is meant to happen at least once per year. The inaugural Sacramento event was a fundraiser for the kids and their families at Shriners Children's Hospital of Sacramento. Drop off locations included F&M Bank, Taco Bell, Texas Roadhouse, McDonalds and McCoy & Fatula. Guests: Alan Anderson, Development Director. Todd Speelman, General Sales Manager, Entercom			
7/19/15	22:00	#1528	Wellspace Health: Formerly known as The Effort, a Federally Qualified Health Center established in 1953. They offer addiction treatment, mental health counseling, pregnancy and midwife services. WellSpace Health is the result of a merger between WellSpace and the Family Service Agency. In October of 2005, that merger created Sacramento's largest provider of care for physical health, mental health and addiction treatment. Guest: Dr. Jonathan Porteus, CEO			
7/26/15	22:00	#1529	California Virtual Academy@ Sutter: Helping students in grades K-12 reach their true potential. Giving kids the chance to learn at the pace that is right for them. Full-time, tuition-free online public school option, face-to-face meetings with California-credentialed teachers, an active, supportive school community, arrange of extracurricular activities and a			

			robust Advanced Learner Program. Guest: Angela Covil
8/2/15	22:00	#1530	Suicide Prevention: A few local high school kids had to deal with one of their classmates committing suicide. The two kids have dealt with depression issues of their own. We talked about symptoms of depression and how to get help. We also mentioned the 2015 Greater Sacramento Out of the Darkness Walk to prevent suicide, happening October 3 on the West Steps of the State Capitol. Guests: Taylor and Clayton
8/9/15	22:00	#1531	A Community For Peace: Started as an all-volunteer grassroots organization in 2000 called the Citrus Heights Women's Center. The mission then was to provide Domestic Violence information, referral & peer support to victims through a 24-hour crisis line. They believe in reaching out into our communities to serve the people where they are and working to address and respond to what local communities need. Guests: Elaine Whitefeather, Gina Anderson
8/16/15	22:00	#1532	PG&E: PG&E offers several energy and cost saving programs to customers. The guest explained what some of the programs are. She also explained the benefits of each program and requirements for customers to apply. PG&E customers have been targeted via various scams. She gave tips to avoid falling victim to scams. Guest: Evelyn Escalera of PG&E
8/23/15	22:00	#1533	Clover Cup: The Mark McEvoy Legacy Foundation is a nonprofit organization dedicated to aiding families in the Greater Sacramento Area who are facing a lifethreatening or terminal condition. The goal is to help families breathe a little easier by providing them with the quality time they deserve and to add to the quality of life of their loved one. Clover Cup golf event was to raise funds for the foundation Guests: John Palaspas,

			Greg Ciavarelli
8/30/15	22:00	#1534	Gold Rush Days: Gold Rush Days returned to Old Sacramento over the extended Labor Day Weekend. In order to conserve water during the severe and ongoing drought, the streets of Old Sacramento will not be covered with dirt as in years past. However, dirt will cover one street – J between Front & 2nd to allow for the popular Pony Express horses and riders along with select performances that require the softer surface. Recycled water was used for the final clean up. Guests: Sidney Scheideman and Chris McSwain
9/6/15	22:00	#1535	Sac Horsemen: Sacramento Horsemen's Association was established to encourage and promote horseback riding, facilitate the sharing of information about horses, and foster a spirit of good fellowship among its members. Their 14 acre facility provides the greater Sacramento area with opportunities to ride scenic trails, board a horse, ride in either of two arenas, attend horse shows, hold special events in the clubhouse, or enjoy a picnic. Guest: Janice Bachelor
9/13/15	22:00	#1536	Keep Your Home California: California was designated as one of 18 "hardest hit" states due to high unemployment rates and steep home price decline. The Hardest Hit Fund, provided by the federal government, provides aid to families in these 18 states. California was awarded nearly \$2 billion in funds to help eligible California homeowners avoid preventable foreclosures. Guest: Steve Gallagher
9/20/15	22:00	#1537	All About Equine: Founded in 2009 by folks who were heartbroken to see large numbers of horses being neglected, abandoned, or sent to auction/slaughter. They turned a small ranchette into a working horse facility, and in June 2009, the concept became a reality when the first two slaughter-bound mare/foal pairs were brought in from a foreign-owned slaughterhouse

3rd QUARTER REPORT

July 1,	2015 -	September	30,	2015
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			feedlot in Nevada. Horses are living healthy, happy, productive lives through the heroic efforts of their volunteers. Guests: Linda Lewis and Dave Fulton
9/27/15	22:00	#1538	Sax On The River: A benefit concert for the Karla J. Williams Foundation. Sax on the River was conceived by Trisha Friend, a breast cancer survivor; she created the event to promote breast cancer awareness and to give back to a non-profit organization that helps women cancer patients and their families. Guests: Trisha Friend, Founder and Janice Bachelor, Treasurer

Date	Time	Show#	Topic/Guest
7/5/15	22:00	#1526	Pacific Dental: Interview covered the importance of community service. Smile Generation Serve Day is an opportunity to give back by partnering with organizations and providing patients with donated dentistry. Pacific Dental donates a day of free dental care to members of the community. Guests: Dr. Jack Gorman, Folsom Hills Dentistry. Dr. Vicente Knight El Dorado Hills Dental.
7/12/15	22:00	#1527	Eppie's Great Race : Eppie's Great Race The 42 nd Annual "Eppie's Great Race". A fundraising event benefiting programs for the Sacramento County Therapeutic Recreation Services. Proceeds benefit SCTRS and other programs benefiting the disabled. To date, Eppie's Great Race has raised more than \$1 Million for SCTRS. Guests: George Johnson, Charlie Willard
7/19/15	22:00	#1528	Midtown Business Association: We discovered what parameters determine Midtown Sacramento and what the mission of the Midtown Business Association is. They put on special events like Sacratomato Week which includes a free festival at Sutter's Fort. Dog Days of Summer includes a Pop-Up Dog Park adjacent to the Midtown Farmers Market. The year-round Midtown Farmers Market is open every Saturday morning. Guests: Emily Baime Michaels, Executive Director
7/26/15	22:00	#1529	Mark Wineinger Foundation: Dr. Mark Wineinger was the kind of man who would do anything for his patients. When there was a need and a less fortunate patient was short on funds, the needed item would be paid for by the Jireh Foundation. After Dr. Wineinger passed away, it was discovered that the Jireh Foundation was actually the doctor's wallet. The annual charity golf tournament insures that his generous legacy will continue. Guests: Casey Maynard and Sheryl Nichols

8/2/15	22:00	#1530	Summer Health Hazards: The interview focused on common summer health hazards with tips on who should use sunscreen. What SPF is best. How often should it be reapplied. How much water should folks drink on hot summer days. What are the dangers of excessive alcohol consumption and heat. We also learned about food safety at barbecues, picnics and pool parties. Guest: Dave Fluitt, Pharmacist
8/9/15	22:00	#1531	Golden Arches Run: The inaugural Golden Arches Run was held in Downtown Sacramento Sunday, August 16. The courses included scenic views of the State Capitol, Old Sacramento, the Sacramento River, and of course, Sacramento's very own set of golden arches, the iconic Tower Bridge. It's a benefit for Shriner's Hospital for Children and the Ronald McDonald House of Northern California. Guests: Harris Liu and Dave Miramontes
8/16/15	22:00	#1532	River City Recovery: River City Recovery Center is a comprehensive residential treatment program that addresses all aspects of the disease of alcoholism and drug addiction. The intensive primary care residential treatment program for women is conducted in a historic midtown neighborhood of Sacramento. The primary care program for men is conducted in a rural setting in the small community of Herald. Guests: Kurt von Geldern, Executive Director and Greg Cox, Program Director
8/23/15	22:00	#1533	Rubicon Trail: The Rubicon Trail Foundation is a federally recognized, non-profit organization dedicated to the future health of the Rubicon Trail. This support can range from getting approval for projects from the appropriate agencies, feeding volunteers and buying the supplies needed to maintain the trail. All funds raised help to enhance the future health of the Rubicon Trail, while ensuring responsible motorized year-round access. Guests: John Arenz, Tim Green and Steve Hersh

8/30/15	22:00	#1534	Sac Storm Water District: Drought Status entered its fourth year; the most critical on record. The impacts are being felt statewide. Never has it been more important for each and every County resident to do all they can to conserve water. Because drought conditions are ongoing, they encourage everyone to conserve water. The Governor issued an executive order mandating a 25 percent statewide water use reduction and they are committed to doing their part to achieve this reduction. Guests: Dana Booth, Sherrill Huon and Dave Tamayo
9/6/15	22:00	#1535	California Craft Brewers: The first-year, first-of-its-kind event welcomed more than 500 brewers and thousands of craft beer enthusiasts, retailers and wholesalers from across the state to the California Craft Beer Summit and Brewers Showcase beer festival. The two-day event celebrated the growing industry in California and the West Coast craft beers wildly in demand around the globe. Guests: Tom McCormick and Dave Gull, California Craft Brewers Association
9/13/15	22:00	#1536	CA Capital Airshow: The California Capital Airshow is an exciting, family-friendly non-profit event designed to honor the Sacramento region's rich aviation heritage and veterans. Using the power and magic of flight to inspire young people to pursue education and careers in science, technology, engineering, math, aviation, aeronautics or aerospace; while attracting visitors from all over the nation. CCA gives back to the community through scholarships, charitable group donations, and a wide variety of community events. Guest: Darcy Brewer
9/20/15	22:00	#1537	Heart Walk: The Heart & Stroke Walk promotes physical activity and raises heart health awareness. On Thursday, September 24th, the State Heart & Stroke Walk was held at the state capitol. The big Sacramento Community Heart & Stroke Walk followed on September 26th at William Land Park. The event benefits the American

			Heart Association. Guests: Dr. Don Hufford and Michael Castillo, American Heart Association
9/27/15	22:00	#1538	Walk To End Alzheimer's: Alzheimer's is a debilitating disease and a growing epidemic, effecting 5.3 million Americans. Alzheimer's is a type of dementia. There are more than 90 types of dementia ranging from Parkinson's to vascular dementia. Dementia describes the category of symptoms that impacts memory and motor skills. The Walk To End Alzheimer's is Sunday, October 3 on the South Steps of the State Capitol. Guests: Dr. Teri Tift and Lola Rain from Eskaton